



The Great Outdoors in the Adirondacks

By Olivia M. Hall



Beautiful in any season, the Adirondacks are perfect for a summer weekend. Use our tips to explore the vicinity of Saranac Lake.

WHAT TO DO

The Wild Center
45 Museum Drive,
Tupper Lake
(518) 359-7800

Situated on 31 acres, the Wild Center's indoor and outdoor exhibits are an interactive introduction to the natural environment and history of the Adirondacks. Visit otters and hundreds of other live animals, watch multimedia shows, wander the marked trails, and talk to helpful naturalist guides.

Hiking in and around the High Peaks

Hike up Ampersand or Haystack mountains for beautiful views of the Saranac Lakes and the High Peaks, most of whose 46 summits are above 4,000 feet. For convenient access to the High Peaks and an information center, you can drive to the Adirondak Loj parking lot near Lake Placid. Trail options include the family-friendly loop up Mount Jo as well as the challenging ascent onto Mount Marcy, the highest peak in the state.

WHERE TO EAT

Downhill Grill
74 Main St.
(518) 891-3663

Friendly staff and a relaxed atmosphere make the Downhill Grill in the heart of Saranac Lake an inviting place to refuel on casual American and Mexican fare.

Left Bank Café
36 Broadway
(518) 354-8166

A few minutes' walk away, across the small bridge, the Left Bank Café offers old-world charm along with its delicious coffee and French café-style food. Outdoor seating overlooking the water and occasional live music add to the ambiance.

Plan your weekend in the Adirondacks

Visit AAA.com/Connection or call (800) 836-2582.

WHERE TO STAY

Ampersand Bay Resort
31 Bayside Drive
(518) 891-3001

For rustic, Adirondacks-style accommodations with beautiful views, book a cottage, cabin or suite at the Ampersand Bay Resort on Lower Saranac Lake.

Best Western Mountain Lake Inn
487 Lake Flower Ave.
(518) 891-1970

The Best Western Mountain Lake Inn, a AAA Three Diamond property, is a clean and comfortable hotel choice near Lake Flower. Ask for your AAA member discount.

Gauthier's Saranac Lake Inn
488 Lake Flower Ave.
(518) 891-1950

Across the road, Gauthier's Saranac Lake Inn sits right on the water. The family-owned property is outfitted with many eco-friendly features.